**Return to Squash after COVID19 @ Cheam Squash**

*Cheam Squash Rules Addendum 1 - COVID19 14/07/2020*

We will be introducing a phased return to the squash club aligning to both government guidelines & England Squash

As The government and England Squash change the ruling – we will amend club rules

We ask that all members observe the rules defined in the following document as well as pre-agreed club rules.

These rules are NOT negotiable

**Return to Squash Rules - General**

1. If you feel unwell / have any cold symptoms / are displaying COVID symptoms do not attend the courts under any circumstance
2. Don’t arrive any earlier that 5 minutes before your booking – we have a 15-minute offset between courts – this will ensure that we limit traffic within the club)
3. Sanitize your hands regularly whilst at the club with particular focus before and after being on a squash court. Sanitizing stations are available around the club and at the front door. These are clearly marked. Please ensure you sanitize hands at the front door before entering the premises
4. NO GUESTS – Only members are allowed on the premises – no exceptions
5. At no point should there be more than 9 people on premise – 2 players per court (Max), two potentially waiting in the gallery area awaiting court walk on and the presence of potentially one coach
6. Courts must be pre-booked, no walk-ins (this allows evidencable traceability as required by the government
7. Changing rooms WILL NOT BE AVAILABLE at re-opening. Please arrive at the club in your kit ready to play / do not change whilst at the club (with the exception of footwear / court shoes)
8. No borrowing / hiring / sharing of equipment
9. Please bring your own hydration & store at the front of the court. The water fountain WILL NOT BE IN-USE & will be turned off
10. If you exhibit COVID symptoms after attending the squash club – please notify a member of the committee immediately
11. Please do not congregate as a group around the squash court premises
12. Please do NOT wipe your hands / sweat on the walls
13. If you feel uncomfortable in a social / squash setting as a result of COVID do not attend the club
14. If you bring wipes / paper towels etc. to the club – please could you dispose of these at home / take away from the club
15. Club nights are currently on hold pending further government guidelines
16. Junior Club is currently on hold pending further government guidelines
17. Follow government social distance guidelines whilst visiting the club at all times

**Phase-1 Return to Squash (25th July 2020)**

1. The normal game of squash CANNOT be played by players from different households
2. Squash Solo practice on court is allowed
3. Squash “SIDES” can be played allowing two players from different households to play on the same court but observing social distancing for more information follow this link: <https://www.englandsquash.com/backtosquash>
4. Members of the same household can play a normal game of squash
5. NO DOUBLES
6. One to one coaching is allowed (with the coach on court with one club member but adhering to social distance ruling)
7. Handling of the same ball by different players during a session is discouraged. A new boxed ball should be used wherever possible and only touched by one player.
8. No squash leagues